Comets HELP Application Process

Application Eligibility

- Freshman, Sophomore, Junior by year
- Attended an information session (10/19 or 10/29)
- Member of the Hobson Wildenthal Honors College

Comet HELP Recommender Form

Note: You are responsible for sending the above link to your recommenders.

Application and Recommender Form due December 1st, 11:59 PM

Components of the Program

Weekly Volunteering

Volunteers will commit to volunteering a minimum of three hours per week at Clements University Hospital (UT Southwestern), visiting patients that are admitted to the geriatric inpatient unit. Volunteers also can conduct weekly phone calls with patients outside the hospital.

Monthly Workshops

Volunteers will receive education and training in engaging and interacting with elderly patients in monthly workshops. You also will learn how to communicate with patients, particularly those who are cognitively impaired.

Monthly Lectures

Volunteers will attend monthly lectures. These lectures are run by UTSW physicians, healthcare workers, and other guests who will discuss topics related to medicine. Topics have included discussions on Parkinson's by a neurologist, a discussion on social work, and much more.